

Half Marathon

Gender	Race Cat	Pos	Bib	Time	Firstname	Lastname	Cat	Club
Female	Overall	1	505	01:26:36	Hannah	Munday		
		2	79	01:27:08	Emma	Baxter		SWANSEA HARRIERS
		3	516	01:29:13	Becky	Nicholas	35	3M GORSEINON ROAD RUNNERS
		4	551	01:29:53	Clare	Phillips	50	PORT TALBOT HARRIERS
		5	351	01:29:56	Tracy	Jenkins	50	PORTHCAWL RUNNERS
	Cat 35	1	516	01:29:13	Becky	Nicholas	35	3M GORSEINON ROAD RUNNERS
		2	100	01:37:32	Katie	Bowler	35	
		3	422	01:37:38	Haley	Lawton	35	
		4	468	01:44:37	Yvonne	Mcdermott rees	35	SWANSEA HARRIERS
		5	715	01:49:20	Charlie	Wilkinson	35	PENSBY RUNNERS
	Cat 40	1	66	01:42:11	Anna	Avery	40	BITTON ROAD RUNNERS
		2	195	01:46:08	Gemma	Day	40	
		3	136	01:46:12	Kim	Chin-adams	40	
		4	481	01:46:54	Emily	Medway	40	TRI HARD HARRIERS
		5	228	01:48:16	Kimberley	Evans	40	
	Cat 45	1	828	01:36:08	Eleri	Rivers	45	SARN HELEN
		2	495	01:40:19	Sarah	Moody	45	
		3	841	01:40:44	Katie	Williams	45	3M GORSEINON ROAD RUNNERS
		4	500	01:44:23	Lisa	Morgan	45	
		5	820	01:48:58	Edel	Mckeever	45	
	Cat 50	1	551	01:29:53	Clare	Phillips	50	PORT TALBOT HARRIERS
		2	351	01:29:56	Tracy	Jenkins	50	PORTHCAWL RUNNERS
		3	193	01:49:30	Sara	Davies	50	CELTIC TRI
		4	446	01:49:37	Sarah	Lyle	50	PEGASUS RUNNING CLUB
		5	349	01:53:16	Sharon	Jenkins	50	
	Cat 55	1	668	01:45:27	Susan	Thomas	55	EMLYN RUNNERS
		2	584	01:48:53	Stephanie	Richards	55	MERTHYR RUNNING CLUB
		3	532	01:49:06	Sharon	Page	55	
		4	685	01:53:22	Wendy	Tromans	55	EMLYN RUNNERS
		5	290	01:54:06	Irene	Hatch	55	
	Cat 60	1	783	01:37:18	Mary	Anthony	60	TROTS
		2	523	02:00:04	Anne	O'neill	60	
		3	654	02:04:14	Catherine	Thomas	60	
		4	922	02:13:02	Jeanette	Collins	60	WARE JOGGERS
		5	453	02:13:39	Lorna	Martin	60	
Cat 65	1	288	01:59:30	Janice	Harvey	65	RUN4ALL NEATH	
	2	445	02:21:22	Helen	Lutley	65	EMLYN RUNNERS	
	3	705	02:26:07	Elizabeth	Weatherup	65		
	4	636	02:34:17	Anne	Smyth	65		
	5	698	02:39:36	Lorna	Walters	65		

Half Marathon

Male	Overall	1	7	01:03:48	Dewi	Griffiths		SWANSEA HARRIERS
		2	10	01:11:26	Will	Munday		SWANSEA HARRIERS
		3	663	01:13:00	Mark	Thomas	45	CROFT AMBREY RC
		4	57	01:13:34	Eric	Apperley		CROFT AMBREY RC
		5	459	01:13:36	Edward	Matthews	35	
	Cat 35	1	459	01:13:36	Edward	Matthews	35	
		2	119	01:13:54	Craig	Burrows	35	BRIDGEND ATHLETICS
		3	504	01:15:49	Jack	Morris	35	
		4	611	01:17:07	Alex	Scott	35	
		5	826	01:23:18	Tomos	Phillips	35	CDF RUNNERS
	Cat 40	1	833	01:16:10	Dean	Summers	40	CLWB RUN WALES
		2	285	01:16:17	Mark	Harrison	40	CLWB RUN WALES
		3	522	01:20:45	Malcolm	O'brien	40	
		4	313	01:23:33	Lee	Howarth	40	
		5	701	01:26:32	Paul	Warlow	40	
	Cat 45	1	663	01:13:00	Mark	Thomas	45	CROFT AMBREY RC
		2	565	01:19:23	Lee	Price	45	BUILTH & DISTRICT
		3	545	01:20:53	John	Perkins	45	AMMAN VALLEY HARRIERS
		4	475	01:29:31	Andrew	Mckeown	45	
		5	391	01:30:25	Riki	Karaka	45	
	Cat 50	1	292	01:25:26	Lee	Hawkes	50	
		2	694	01:28:27	Scott	Walker	50	
		3	280	01:34:15	Darren	Harris	50	CLWB RHEDEG PONTARDAWE RC
		4	921	01:43:21	Kevin	Jones	50	EMLYN RUNNERS
		5	123	01:44:47	Adrian	Bytheway	50	3M GORSEINON ROAD RUNNERS
	Cat 55	1	621	01:34:29	Tony	Sheppard	55	
		2	791	01:37:25	Nigel	Crawford	55	
		3	620	01:39:18	Lynn	Sheppard	55	
		4	456	01:45:31	David	Mather	55	SPIRIT OF MONMOUTH
		5	53	01:49:33	David	Alford	55	
	Cat 60	1	571	01:41:41	Andy	Rees	60	3M GORSEINON ROAD RUNNERS
		2	806	01:42:24	John	Hopkins	60	PORT TALBOT HARRIERS
		3	362	01:42:29	Dave	Jones	60	
		4	146	01:42:39	Ian	Clarke	60	
		5	224	01:44:43	David	Evans	60	
	Cat 65	1	291	01:50:29	Paul	Hatch	65	
		2	216	01:51:22	Norman	Edwards	65	
		3	189	02:00:09	Phil	Davies	65	READING ROADRUNNERS
		4	711	02:02:03	Duncan	White	65	
		5	556	02:11:30	Vinoda	Porobo	65	
	Cat 70	1	254	01:29:05	David	Gibson	70	
		2	88	01:45:59	Richard	Betterton	70	
		3	903	01:59:16	Leslie	Mayger	70	SEAFORD STRIDERS RC
		4	134	02:01:22	Brian	Charlesworth	70	
		5	122	02:19:54	Bernard	Butler	70	